

DAILY BEHAVIOR CHECK-IN

AGES 7–12

Think about your day and reflect on your behavior *and* choices.

Student name: _____ Date: _____

What happened today?

How did I behave?

Was my behavior a good choice?

- ☐ Yes
- ☐ Not sure
- ☐ No

What could I do better next time?

One thing I did well today: _____

